



**University
of Victoria**

**Welcome to New
Members**

Giles Hogya, Theatre,
Faculty of Fine Arts;

Vance Johnson,
Computing and Systems
Services;

Mary Theresa Nixon,
Faculty of Education;

Adrienne Thomson,
Physical Education,
Faculty of Education;

Angus McLaren,
History, Faculty of
Humanities;



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UVRA Newsletter March 2008

Oh, to be in England now that April's there – the poet got it wrong!!! Victoria is the place to be – spring truly is our splendid season of the year. Go anywhere in the region and enjoy the abundance of flowering trees and spring flowers and a quick walk around Finnerty Gardens is all you need for a spring tonic. Still it was nice to take off for an extended stay in Arizona during the first two months of the year and leave behind the damp, grey winter of the Pacific Northwest. One of my favourite activities is hiking in the desert around the Phoenix area and this year because I extended my visit I had the bonus of seeing the desert in “full bloom” – what a display of yellow poppies, all sorts of blue, orange and red wildflowers, plus the cacti with colourful new growth. Also I was able to witness the desert come to life as small animals and lizards made their appearance with the warming days. Fortunately the weather was still cold enough to keep the snakes sleeping – a mere 80 degrees is not quite enticing enough for the reptiles. Many thanks to Victor Neufeldt for stepping in to edit the newsletter and also to Judy for her usual first-class work on layout and production.


Important Date: The date of the AGM has been set for Wednesday, June 18 at 10 a.m. in MacLaurin, D111. This is the day you can come and have your say – what we are doing right, what we are doing wrong, your concerns, your beefs. We welcome all members and refreshments will be served. Come and meet your board and other members.

Reminder:

Masterminds

It's not a quiz show, but a chance for you to learn from a lifetime of research, creativity, and involvement by active University of Victoria retirees. The UVic Retirees Association and the Centre on Aging—with support from the university—are presenting five lectures (April to May, 2008). **Each lecture will take place at 7 p.m. in the Hickman Building, room 105. Please register by calling 472-4473 and plan to arrive early, because seating will be limited.** There is a \$2 charge for parking in all campus parking lots during evenings and on Saturdays. For more information visit www.uvic.ca/masterminds.

President , Lyle Robertson	Benefits , Tom Cleary
Vice-President , John Schofield	Communications , Judy Cryderman
Secretary , Marie Elliott	Membership , George Smith
Treasurer , Beth Watton	Newsletter Editor , Helen Kempster
Past President , Victor Neufeldt	Program , Isobel Dawson



their family who joined them for the celebration.

Dr. David Sanborn

training?" We are looking for individuals aged 65 plus, who live in the community and are able to participate in physical activity. We are particularly interested in talking to people who do not regularly participate in strength training and/or physical activity. Separate focus groups (2 hours maximum) will be held with men and women. A \$20 honorarium will be provided to all participants. For more information please contact Rachel Dean, RNDEAN@uvic.ca or (250) 472-4588 (lab); (250) 746-4056 (home).

Change of date: UVic's annual plant sale normally scheduled for the first Sunday in May will be held on Sunday, May 11 from 10 a.m. Yes, we know it is Mother's Day but what better time to get mum a special plant and help a great cause. Come early as plants go quickly.

Invitation: *Calling all retired faculty and staff of Social Sciences.* Peter Keller, Dean, invites you for a tour of the new Social Sciences and Math Building. Following the tour, Dr. Keller will give a short presentation about what is new within the faculty. Seating is limited to 20 people. Lunch will be served. If you have mobility concerns, please note the tour will involve stairs. For more information and to register your interest, please contact Barb Roberts, 721-6044 or by email broberts@uvic.ca.

Keeping the Mind Active

UVic Continuing Studies may have something for you. Check out their full range of offerings in their Spring 2008 course brochure. Visit

www.continuingstudies.ca

and search by subject. Under Health Wellness, for example, a course on *Transitions: New Beginnings (HPHE199)* covers how transitions in life can be a potentially rich and rewarding time. This course is offered on April 15 from 7-9 p.m.

If you have items of interest to our members for inclusion in the newsletter send them along to Helen Kempster at 592-4748 or drop them off at the office.



Event Calendar

UVRA Upcoming Events:

April 16 – Day trip to Jeanne Simpson Field Studies Resource Centre at Lake Cowichan.
\$5 per person.
Registration by April 11.

May 13 – Visit to Merridale Estate Cidery, Cobble Hill, Cider tasting and lunch.
\$25 per person.
Registration by May 9.

June 17 – day trip to Piers Island.
\$15 per person.
Registration by June 13.